



## UH999HZ FREQUENCIES OVERVIEW TABLE 2023

- 62.64HZ SCHUMANN - GROUNDING - RECENTER - EARTH CONNECTION - FEMININE ENERGIES
- 64HZ BALANCE - SOLAR HARMONIC SPECTRUM - GROUNDING
- 99HZ MIRROR - GROUNDING - DEPTHS EXPLORATION - BODY SCANNER
- 108HZ ACTIVATION - GROUNDING - SYNCHRONICITY - ALIGNMENT WITH THE NATURE OF TIME - SYNCHRONISATION
- 111HZ HIGH SELF - ALIGNMENT - ONENESS - UNIFY - DEEPEN OUR RELATION WITH OUR INTUITION - CULTURE OF SELF ESTEEM
- 125,28HZ SCHUMANN - GROUNDING - RECENTER - EARTH CONNECTION - FEMININE ENERGIES
- 126,22HZ SUN - PLANETARY FREQUENCY - LIGHT - AWARENESS RESONANCE - MASCULINE ENERGIES
- 128HZ FLOW - SOLAR HARMONIC SPECTRUM - REDUCE HEAT/INFLAMMATION - NITRIC OXIDE - COOLING/ CALMING/ SOOTHING
- 136,10HZ AUM - COSMO GENESIS - GREAT MOTHER - WOMB/ MATRIX/ REALITY - LOVING AWARENESS
- 140,25HZ PLUTO - PLANETARY FREQUENCY - FAR FETCHED - FRUITS OF ISOLATION - INSIGHTS
- 141,27HZ MERCURY - PLANETARY FREQUENCY - FACILITATE COMMUNICATION - TRANSITIONS - SOCIAL TECH - TELEKINESIS
- 144,27HZ MARS - PLANETARY FREQUENCY - WARRIOR - BURNING DESIRE - MOTIVATE - WILLPOWER - ACTION
- 147HZ SUBLIMATION - SOLFEGGIO MIRROR - SOOTHING/ CALMING
- 147,85HZ SATURN - PLANETARY FREQUENCY - STRUCTURE - LIFE&DEATH - MECHANISM - ALGORITHM - TEACHER
- 156,85HZ LIBERATION - DETACHMENT - RELIEVING FROM ADDICTIONS
- 162HZ UNISON - WHOLENESS - ALIGNMENT WITH THE NATURE OF TIME - GROUNDING - SYNCHRONISATION
- 172,06HZ PLATONIC YEAR - PLANETARY FREQUENCY - SYNCHRONISATION
- 174HZ FORGIVE - SOLFEGGIO - CULTURE OF VIRTUE
- 183,58HZ JUPITER - PLANETARY FREQUENCY - MOTIVATION - WILLPOWER - INTENTION
- 194,18HZ EARTH DAY - PLANETARY FREQUENCY - SYNCHRONISATION
- 207,36HZ URANUS - PLANETARY FREQUENCY - FEELING ACKNOWLEDGED / VALUED - AUTHENTICITY - PERSONALITY - UNIQUENESS
- 210,42HZ MOON - PLANETARY FREQUENCY - EMOTIONAL SELF REFLECTION - SHADOW WORK
- 211,94HZ NEPTUNE - PLANETARY FREQUENCY - INSPIRATION/ INTUITION/ CREATIVITY - EMOTIONAL FLOW
- 216HZ PEACEFULNESS - ALIGNMENT WITH THE NATURE OF TIME - GROUNDING - SYNCHRONISATION
- 221,23HZ VENUS - PLANETARY FREQUENCY - FEMININE ENERGIES - WARMTH/GENTLENESS/ DELICACY - CULTURE OF VIRTUE
- 222HZ HIGH SELF - DUALITY - UNION - RECOGNITION - SELF REFLECTION - CULTURE OF SELF ESTEEM
- 256HZ BALANCE - SOLAR HARMONIC SPECTRUM - ROOT - ADRENAL GLANDS - C NOTE - GROUNDING
- 258HZ CONCENTRIC ASCENSION - SOLFEGGIO MIRROR - SHADOW WORK
- 285HZ RECOGNITION - SOLFEGGIO - ACTIVATION
- 288HZ EQUILIBRIUM - SOLAR HARMONIC SPECTRUM - GONADS GLANDS - D NOTE - EQUILIBRIUM
- 320HZ BALANCE - SOLAR HARMONIC SPECTRUM - PANCREAS GLANDS - E NOTE - EQUILIBRIUM
- 333HZ HIGH SELF - LEARN - INTEGRATION - CULTURE OF SELF ESTEEM
- 341,3HZ EQUILIBRIUM - SOLAR HARMONIC SPECTRUM - THYMUS GLANDS - F NOTE - EQUILIBRIUM
- 384HZ BALANCE - SOLAR HARMONIC SPECTRUM - THYROID GLANDS - G NOTE - EQUILIBRIUM
- 396HZ COMPASSION - SOLFEGGIO - UT ( DO ) INSPIRE LOVING AWARENESS - SOOTHING
- 417HZ EASE CHANGE - SOLFEGGIO - RE - ACTIVATION - CULTURE OF COMPASSION
- 426,7HZ EQUILIBRIUM - SOLAR HARMONIC SPECTRUM - PITUITARY GLANDS - A NOTE - EQUILIBRIUM
- 432HZ BLUEPRINT OF CREATION - ALIGNMENT WITH THE NATURE OF TIME - SYNCHRONISATION
- 444HZ HIGH SELF - REVELATION - CLARITY - CULTURE OF SELF ESTEEM
- 471HZ ETERNAL WINDOW - SOLFEGGIO MIRROR - SHADOW WORK - ACTIVATION
- 480HZ BALANCE - SOLAR HARMONIC SPECTRUM - PINEAL GLANDS - B NOTE - EQUILIBRIUM
- 512HZ BALANCE - SOLAR HARMONIC SPECTRUM - EQUILIBRIUM
- 528HZ LOVING AWARENESS - SOLFEGGIO - MI - ACTIVATION - CULTURE OF LOVE
- 555HZ HIGH SELF - TRANSFORMATION - FLUIDITY - FLEXIBILITY - CULTURE OF SELF ESTEEM
- 639HZ HEART CONNECTION - SOLFEGGIO - FA - ACTIVATION - CULTURE OF SELF ESTEEM
- 666HZ HIGH SELF - CREATION - MANIFESTATION - CULTURE OF SELF ESTEEM
- 693HZ VIOLET FIRE - SOLFEGGIO MIRROR - ACTIVATION
- 714HZ REORDER PERCEPTION - SOLFEGGIO MIRROR - ACTIVATION
- 741HZ SELF CONFIDENCE - SOLFEGGIO - SOL - ACTIVATION
- 777HZ HIGH SELF - WHOLENESS - FULFILMENT - ABUNDANCE - CULTURE OF SELF ESTEEM
- 825HZ SILVER VIOLET FIRE - SOLFEGGIO MIRROR - SHADOW WORK - ACTIVATION
- 852HZ RETURN TO SPIRITUAL ORDER - SOLFEGGIO - LA - ACTIVATION
- 888HZ HIGH SELF - INFINITY - ETERNITY - CULTURE OF SELF ESTEEM
- 936HZ PINEAL GLAND ACTIVATOR - SOLFEGGIO MIRROR - ACTIVATION
- 963HZ SPIRIT AWAKENING - SOLFEGGIO - SI - ACTIVATION
- 999HZ HIGH SELF - RENEWAL - REBIRTH - CULTURE OF SELF ESTEEM
- 1080HZ 3x360° - EXPLORATION - WONDERS - UNKNOWN
- 1111HZ HIGH SELF - MIRROR - ALIGNMENT - ONENESS - UNIFY - CULTURE OF SELF ESTEEM
- 1221HZ MIRROR - SELF REFLECTION - SHADOW WORK - TRIGGER
- 1245HZ STAR DUST - EXPLORATION - WONDERS - UNKNOWN
- 1325HZ STAR CLUSTER - EXPLORATION - WONDERS - UNKNOWN
- 1491HZ STAR LIGHT - EXPLORATION - WONDERS - UNKNOWN
- 1551HZ MIRROR - SELF REFLECTION - SHADOW WORK - TRIGGER
- 2222HZ HIGH SELF - MIRROR - DUALITY - UNION - RECOGNITION - CULTURE OF SELF ESTEEM
- 3333HZ HIGH SELF - MIRROR - LEARN - INTEGRATION - CULTURE OF SELF ESTEEM
- 4008,96HZ ANGELICAL SUPERVISION - ANGEL/CRYSTAL TUNER - CLARIFY/BRIGHTEN/UPLIFT
- 4071,90HZ HIGH FLUTTER - ANGEL/CRYSTAL TUNER - CLARIFY/BRIGHTEN/UPLIFT
- 4096HZ JACOB'S LADDER - ANGEL/CRYSTAL TUNER - CLARIFY/BRIGHTEN/UPLIFT
- 4134,24HZ REMINISCENCE - ANGEL/CRYSTAL TUNER - CLARIFY/BRIGHTEN/UPLIFT
- 4160HZ PILLAR OF LIGHT - ANGEL/CRYSTAL TUNER - CLARIFY/BRIGHTEN/UPLIFT
- 4225HZ STAIRWAY TO HEAVEN - ANGEL/CRYSTAL TUNER - CLARIFY/BRIGHTEN/UPLIFT

- + ARCHETYPES / NAMES ASSOCIATED
- + EFFECTS / INFLUENCE
- + PLANETARY FREQUENCY
- + SOLAR HARMONIC SPECTRUM
- + HIGH SELF
- + SOLFEGGIO
- + SOLFEGGIO MIRROR
- + ANGEL/CRYSTAL TUNERS
- + NATURE OF TIME

